





PERSONAL STATEMENT

Motivated, competitive, athletic, passionate, goad-oriented, hard-working, inspired, cross cultured, reliable, relentless, compassionate, creative, tech-savvy individual who has achieved the status of scholar athlete with a consistent high GPA and winner of multiple national and international track competitions, who is now training for the upcoming 2016 Olympics.



EDUCATION

- September 2010 to December 2014
Bachelor of Journalism, Advertising & P.R (Scholar-Athelete)
University of Nebraska
- September 2007 to May 2010
High School Diploma
Maize, Kansas

ACADEMIC HONORS - UNIVERSITY OF NEBRASKA LINCOLN

-  **AAF Most Promising Multicultural Student Recipient**
2015
-  **Academic All-Big Ten**
2012-2014
-  **Nebraska Scholar-Athlete Honor Roll**
2011-2014
-  **Dean's List / Honor Roll**
2011-2014

NATIONAL ATHLETIC HONORS

-  **Professional Hurdler for Adidas**
400m Hurdles 2014 - 2015
-  **NCAA Champion**
400m Hurdles (2014)
-  **All-American**
2011-2014

WORK EXPERIENCE

- Spring 2014 to Present
Web Design / Development
Lean - Labs
Create various ebooks for clients. Worked alongside the development team to craft lean responsive websites.
- Fall 2014 to 2015
Interactive Developer
Swanson Russel Lincoln Office
Produce digital ads, emails and video editing for our clients.
- Summer 2013 to Spring 2014
Graphic Design / Web Design
Jacht Ad Lab (UNL)
Conceived & launched several successful campaigns. Worked primarily in creative. Facilitated Internal Web Development.

ACTIVITIES & VOLUNTEERING

- Team Captain**
UNL Track & Field team
Managed a team of high performing Scholar Athletes. Increased performance standards and accomplished team goals set by my superiors and subordinates.
- LifeSkills and Leadership Development**
University of Nebraska Lincoln
Regular commitment of time towards community outreach, motivational speaking, and educational encouragement.
- Husker Heroes**
University of Nebraska Lincoln
Volunteered time individuals with mental and physical disabilities for the purpose of excellence in academics and athletics.
- Cornhusker State Games**
Lincoln, Nebraska
Motivationally speaking prior to the opening of the state games.
- Sheridan Walk-A-Thon**
Lincoln Nebraska
Encouraged local youth to pursue a collegiate career